

ULTRASOUND

Superior Medical Care **ULTRASOUND EXAM PREP SHEET**

THE FOLLOWING EXAMS REQUIRE THE PATIENT TO NOT EAT FOR 8 HOURS PRIOR TO THE EXAM (WATER IS OKAY):

- AORTA
- GALLBLADDER
- LIVER
- PANCREAS
- RENAL ARTERY/ABDOMINAL DUPLEX
(ANY ABDOMINAL VASCULAR EXAM)
- COMPLETE ABDOMEN

THE FOLLOWING EXAMS REQUIRE THE PATIENT TO DRINK 32 OZ OF WATER 60 MINUTES PRIOR TO THE EXAM (EATING IS OKAY):

- FETAL/OBSTETRICAL (FIRST OR SECOND/THIRD TRIMESTER)
- PELVIC
- URINARY BLADDER

THE FOLLOWING EXAMS DO NOT REQUIRE ANY SPECIAL PREP PRIOR TO THE EXAM:

- BIOPHYSICAL PROFILE
- CAROTID ARTERY
- DIALYSIS ACCESS GRAFT
- KIDNEY
- NON-VASCULAR EXTREMITY (SOFT TISSUE MASS)
- SPLEEN
- TESTICLES
- THYROID (PARATHYROID OR ANY SOFT TISSUE MASS)
- VENOUS/ARTERIAL DUPLEX (ARM OR LEG)

THE FOLLOWING EXAMS REQUIRE THE PATIENT TO NOT EAT FOR 8 HOURS AND TO USE A FLEETS ENEMA THE MORNING OF THE EXAM:

- TRANSCRETAL (PROSTATE)
- ULTRASOUND GUIDED PROSTATE BIOPSY