

DEXA SCAN (BONE DENSITY TEST)

PURPOSE: Tests for Osteopenia/Osteoporosis

LENGTH: 15-20 minutes

PREP:

- NO calcium pills 24 hours before the exam
- NO metals, zippers, snaps, etc. around your waist. (Any other metal is okay) Patients are encouraged to wear elastic-banded or drawstring pants, such as pajama bottoms or sweatpants

SPECIAL INSTRUCTIONS/ADDITIONAL INFORMATION:

- NO X-ray contrast (CAT scan or IV push), barium studies or nuclear medicine studies **72** hours prior to test.
- The DEXA bed has a weight limit of 300 pounds at the Lorain office and 350 pounds at the Sheffield office. Please inform the front desk personnel and it will be scheduled accordingly.