

## 24-HOUR BLOOD PRESSURE MONITOR

**PURPOSE:** To test your blood pressure and heart rate over a 24-hour period

**LENGTH:** Approx. 15 minutes to hook up

**PREP:** NONE

### **SPECIAL INSTRUCTIONS/ADDITIONAL INFORMATION:**

You will be required to return the equipment the following day at the same time it was hooked up. If hooked up on a Friday, the equipment may be returned Saturday or Monday.

You will have a blood pressure cuff on your arm, along with a small monitor that belts around your waist. You cannot swim, shower or bathe while wearing the monitor.

**INSTRUCTIONS/ADDITIONAL INFORMATION:** NONE